

"Shine your light and make a positive impact on the world, there is nothing so honorable as helping improve the lives of others."

Serving the Southern Maryland Community since 1977

the vision of

God's will into all our

ties." And

have a gen-

yes, I do

eral idea

activi-

MARCH 2023 Volume 47 #3



I am responsible when anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there, and for that I am responsible

LIFELINE

life·line | \ 'līf- līn : 1. A rope or line used for life-saving, typically one thrown to rescue someone in difficulties in water. 2. A thing on which someone depends for a means of escape from a difficult situation. https://en.oxforddictionaries.com



The Third Step Prayer on my remains on my refrigerator year after year—not that I haven't long ago memorized it, but it evokes a different meaning with each reading starting with the first sentence:

"God, I offer myself to Thee—to build with me and do with me as Thou wilt."

 Here I realize that I don't know exactly God's will for me, but I do have a fairly good idea. I am left off the hook here by a sentence on page 85 of the Big Book: "Every day is a day when we must carry (vision) of appropriate action as each new circumstance arises. Of course, this may involve many Eleventh Step prayers throughout each day. "Relieve me of the Bondage of self, that I

may better do Thy will."

• Before learning about the Twelve Steps I had no Idea of what constituted the bondage of self. But then when I did Steps Four and Five with my sponsor he was not fain to point them out. I have come to believe there is an underlying four-part set of grosser handicaps which populate this deadly barrier from truth in drink: Selfishness, dishonesty, resentment and fear.

"Take away my difficulties that victory over them may bear witness to those I would help of thy power, Thy love, and Thy way of life."

• I developed a good notion of my "difficulties" when I bring to light the many times I have taken the easy path when I knew, absolutely and for sure, that it was not my vision of God's will. As the famous comedian, Red Skelton, used to say: 'I just dood it!"

"May I do Thy will always."

• I used to think that living the AA program of action was calling my sponsor, going to meetings, conventions, Twelve Stepping, etc. However, I have come to believe that "always" means how I drive a car or a nail, my attitude toward my fellow man, or, as a matter of fact, everything I do, or fail to do—ALWAYS!

https://www.aacle.org/step-three-action

Step Three Requires Follow-up

Early on in sobriety I considered the Third Step Prayer on page 63 as both a "decision" and "turning over" of my will and life over to God. However, the Big Book directions tell us that we have already made this decision on page 62 (bottom paragraph) and that this step was only a beginning. It was already made!

The Third Step Prayer requires asking God for relief from "the bondage of self," although I had no precise knowledge of what that was. However, the bottom paragraph tells us to "launch out" on a course of vigorous action.

I would think this requires writing Step Four so as to understand, to some degree, my shortcomings and defects of character. Also, I believe that Step Five was important to allow my sponsor to point out the further aspects of my bondage of self.

So, the Third Step Prayer was only a beginning and will have "little permanent effect unless at once followed by a strenuous effort to face and be rid of, the things in ourselves which had been blocking us." (p. 64)

These additional steps were necessary to provide the information about what I was asking God to remove when I got to Step Seven.

I spent the first five months of my sobriety without doing the Step Three follow up as listed above and almost drank—thankfully I immediately found a sponsor who took me through all twelve steps and have not had to drink since. I will be eternally grateful for the clear-cut directions in the Big Book.

https://www.aacle.org/step-three-requires-follow-up/

March 1:

1941: Saturday Evening Post article by Jack Alexander created national sensation. AA membership quadrupled in one year from 2000 to 8000.

March 3:

1947: Nell Wing, Bill's secretary and first archivist of AA, began her career at Alcoholic Foundation Office at 415 Lexington Avenue.

March 4:

1891: Lois Wilson was born.

March 5:

1945: Time Magazine reported Detroit radio broadcasts of AA members.

March 7:

1940: Bill and Lois visited the Philadelphia AA group.

1941: Boston newspaper reported that any drunk who wanted

to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 PM Wednesdays.

March 10:

1944: New York Intergroup was established.

March 11:

1947: A Priest in St. Paul, Minnesota,

founded Calix International. Alcoholics in his parish met after Saturday morning Mass to discuss the readings for the upcoming Sunday and how their faith melded with the Twelve Steps of Alcoholics Anonymous.

March 12:

1940: Ebby Thatcher, Bill Wilson's boyhood friend and sponsor, was reported sober again.

What Happened in March?

March 14:

1941: South Orange, NJ, AA held an anniversary dinner at the Hotel Suburban with Bill Wilson as the guest speaker.

March 16:

1940: Bill moved the Alcoholic Foundation office to 30 Vesey St., NY. (30 Vesey St., NY, was almost destroyed on September 11, 2001.)

March 21:

1881: Anne Ripley, Dr. Bob's wife, was

born.

1966: Ebby Thatcher, Bill Wilson's sponsor, died sober.

March 22:

1951: Dr. William Duncan Silkworth died at Towns Hospital.

1984: Clarence Snyder, founder of Cleveland AA and author of "Home Brewmeister," died at 81, 46 years sober.

March 23:

1936: Bill & Lois Wilson visited Fitz Mayo, "Our Southern Friend," in Maryland.

1941: Sybil C.'s sobriety Dates. She was the first woman to enter AA west of the Mississippi.

March 25:

1898: Jim B. ({"The Vicious Cycle") was born

1965: Richmond Walker, author of "Twenty-Four Hours a Day" book, died at age 72, almost 23 years sober.

2005: Nancy Olson, Founder of AAHL-See Memorial at:

http://hindsfoot.org/nomem1.htm

March 31:

1947: 1st AA group was formed in London, England.

https://toledoaameetings.com/important-dates-inalcoholics-anonymous

AA's Three Legacies Unity has provided us with a

Taken together, the Steps, Traditions and Concepts embody what are know as the Three Legacies of Alcoholics Anonymous: Recovery, Unity and Service.

Recovery has given us a second chance to find happiness and freedom; to live useful and productive lives. The 12 steps and the Big Book are know as Recovery and are the entire foundation of the program. Bill W.'s words in the forward of the book *Twelve Steps and Twelve Traditions* states that; "AA's 12 Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the

suffered to become happily and usefully whole"

Unity has provided us with a fellowship made up of people who share our own common

problem; who give us the love and support necessary to maintain our sobriety. AA's 12 Traditions present the principles which support the unity of the AA fellowship at the group level. "AA's 12 Traditions apply to the life of the Fellowship itself. They outline the means by which AA maintains it's unity and relates to the world about it, the way it lives and grows." from AA co-founder Bill W.

Service offers us the opportunity to implement our primary purpose " to carry the message to the alcoholic who still suffers" Service in AA is based in the 12 spiritual principles know as the 12 Concepts, which are found in

the General Service Manual and the appendix of the Big Book of AA. "Our Twelfth Step – carrying the message – is the basic service that the AA Fellowship gives; this is our principle aim and the main reason for our existence. Therefore, AA is more than a set of principles; it is a society of alcoholics in action. We must carry the message, else we ourselves can wither, and those who haven't been given the truth may die." from AA's Legacy of Service, The AA service Manual

"So the solution to our Alcoholism/ Addiction is found in the Three legacies – Recovery, Unity, Service – given to the whole membership of AA by its founders (Bill W. and Dr. Bob) and their fellow old-timers. Each legacy has 12 guiding Spiritual principles for a total of 36 guiding principles."

https://jaywalkerlodge.com/aas-three-legacies



In early sobriety, I could not understand the reasons and effect of the 12 steps of alcoholics anonymous. In fact, I was much concerned with stopping drinking that I saw little to none application of these into a solution to my problem. None- have things turn out the way I thought was theless, I was so desperate that decided to follow the steps as instructions as far as some others-it actually did. In some other it would help me have my resolve the repertoire of problems and suffering I was into. In a sense I had surrendered and was open to try anything.

My conception of God while growing up was merely more of the understanding of a story rather than a belief. S/He was far away and I could relate much to this notion. It was like knowing that China exists, but I am actually in the US and China is way far to the other side of the planet. I do not relate to it at all other than seeing labels with a legend "Made in China" in clothing, food and products.

When I was to practice the third step for resulted on what I describe an spiritual the first time, I had no idea of how God could take care of my problems, destiny and myself. But there was a small part of me that believed that something good had to come out of this notion. I guess, I was "willing" and that was enough to start the process.

The decision to turn my life over the care of God came in time. I rationalized and convinced myself that I had made it,

but the truth was that I had not fully. My ego and my will still controlled part of the equation. Thru years of sobriety, my practice of the 3rd step had its ups and downs. best. Most times, it didn't happen but in occasions, I came to a point of "letting go" trusting in my heart-not my mind, that things were to be ok. In a way, I had "acceptance" and the fear and worry vanished. However, I had never being truly able to trust no matter in all instances. Something was missing and I was still white knuckling to have destiny turn my way. It was an actually an obsession of the mind driven by ego and fear.

On the eve of the 12th year of sobriety, I was apart from my family of origin and my love life was somewhat broken. I came to extremely painful circumstances which awakening of strenuous proportions. During this episode, I came to understand the real meaning of the third step. I heard that pain is the cornerstone of growth and in this instance, I was able to experience the love I was always seeking for and could never fully find. I then understood that I was not longer in charge and that that love was coming from a source outside of me. I had turned the corner. My believe

Third Step Principle

turned into a conviction.

Since that event, I've practice to the In many occasions, I just forced my way to best of my ability doing just what I have to do and what is right and in front of me. It does not mean that I can't plan and have a target, but it means that I just need to take action as long as it is based on goodness and then leave the results up to a higher power. If it happens, great! It was meant to be, If it does not, then I did my part. Something better will be coming around the corner. That has been my experience.

> Evidently, this new dimension I strive to live every day takes work to maintain strong. After years of struggle and reluctance with meditation, it has become a regular practice of mine. I found it guite powerful and helpful to maintain a refreshed and lively view of the conviction that I made.

As any other human affair of mine, I miss the beat and fail at practicing such conviction at all times. When I do, I just go back to basics and try it again. Eventually, things get back on track. In the end that was the way it was supposed to be anyway..., and that, is turning it over to a higher power in itself.

https://www.saltlakeaa.org/2017/04/third-step-principle-jorge-f_lifelinemar17.

MARCH 2023

Sun	Mon	Tue	WED	Тни	FRI	SAT
	ongra	ts	1 Carole W., 7 yrs, Do Drop In	2 Erica, 9 yrs, Al- most Normal Duke R., 21 yrs, Basic Text	Brian B., 16 yrs, Cove Point	4 Bob A., 20 yrs, North Beach
Patty, 41 yrs, End of the World, Jimmy M., 1 yr, Sober By The Bay Daniel S., 4 yrs, Solo- mon's	David H., 9 yrs, Monday Nite Tra- ditions	7	 John L., 2 yrs, Cobb Island John, 2 yrs, Wayside 	Dan W., 26 yrs, St. Charles Step Mia F., 4 yrs, Har- mony	10	Bill H., 4 yrs, Early Bird Alan M., 9 yrs, Early Risers
Sandy C., 1yr, ODAAT	13	14	15	16	Dan H., 4 yrs and Jason R., 1 yr, Clean Air	Mike B., 2 yrs, Help- ing Oth- ers
Lorraine J., 43 yrs , Bedouin	20	21 Kenny G., 7 yrs, 231	22	23	24	25 Bill A., 8 yrs, Saturday AM Breakfast Tim S., 26 yrs, Early Risers
Joe D., 15 yrs, Tracy's Landing	27	28	29	Pat S, 11 yrs, Rob A., 5 yrs and AJ, 1 yr, Poplar Hill	31	yrs, Waldorf CONGRATULATIONS! THIS IS BIG! WAY BIG!

APRIL 2023

SUN	Mon	TUE	WED	Тни	FRI	SAT
ĆÛ	nģ	rat	ula	tio	s!	Bob E., 29 yrs, Sat- urday AM Breakfast
2	3	4	5	6	7	8
9	10	11	12	Gisela R., 32 yrs, Almost Normal	14	15
Daniel H., 8 yrs, Living Sober	17	18	19	20	21	Chelsea B., 10 yrs, Early Bird Joe B., 33 yrs, Help- ing Others
23	24	25	26	Neil, 36 yrs and Frank G., 4 yrs, Poplar Hill	28	29
Cait B., 18 yrs, ODAAT			%	•		

1st ANNUAL DISTRICT 02 ACCESSIBILITIES INFO DAY MARCH 4, 2023, 1 pm-4 pm EST



This is a Virtual Event

Zoom Info: ID: 850 8209 5243

Password: 126521

Time	Subject	Presenter
1:00 - 1:05	Open with a moment of silence	Shane H
	Followed by Serenity Prayer	Chair
1:05 – 1:20	Role of the Accessibilities Chair	Theresa L Area 83 Accessibilities Chair Panel 73
1:20 - 1:35	AA Online: How to get in Touch	Shane H District 02 Accessibilities Chair
1:35 – 1:50	Accessing Barriers: "a description of various barriers and the AA Tools we use to overcome them"	De R District 02 Alternate Accessibilities Chair
1:50 - 2:00	Fellowship Break	
2:00 – 2:15	Deaf, Deafened, Hard of Hearing Communities: understanding the difference	Norma A SWTA 68 Texas
2:15 – 2:45	Overcoming Barriers in Sobriety: a member shares what it's like living with a Disability in Sobriety	Alene R Portland Deaf Access Committee
2:30 – 2:45	A Guide to Service Animals	Greg R GTA Accessibilities Chair
2:45 – 3:00	Is our Meeting Place Wheelchair Accessible and Mobile friendly?	Ray R District 02 Secretary/Registrar
3:00 – 3:30	Question and Answer Period	Shane H Chair
3:30	Close with Responsibility Declaration	

ALL AA Members Welcome

CARC II / DISTRICTS 1, 6, 22, 23, 27, 31, 35,



The Conference Agenda Review Committee (CARC)

Review, Discuss, & Present items to the AREA 29 Delegate in preparation for the

2023 General Conference

HAVE A VOICE

AND GET INVOLVED

Topics Covered: Social Media Service Manuals

> Changes to Literature

> > More

Join the Zoom Meeting

https://us02web.zoom.us/j/86506486809?pwd=QVV4QUxaR1BLRTZQdDVHZFFKNFRiUT09

Meeting ID: 865 0648 6809

Password 541042

Come Join us in Celebrating 75 Years of Alcoholics Anonymous in the Frederick Area

Saturday
March 11th
at ERUCC
15 W. Chruch St.
Frederick

Door Prizes

Dinner Dessert Beverages



Doors Open for Food at 5:30 pm

Speakers at 7:00 pm

50/50 Drawing

Speakers

Mike M.: Founding Moments Bud R.: Area Archives Chair • AA's Growth in MD

Seating is Limited to 200 • This event is free You will need tickets • No walk-ins

Limit of 2 Tickets per Request Circle 1 or 2 Tickets

N. 1	
Name:	
Address:	

Mail To: West Central Intergroup • 22 South Market Street Frederick, MD 21701

AREA 29 MARYLAND

WITH GREETINGS AND UPDATES FROM THE

BALTIMORE HISPANIC INTERGROUP

ID 841 2499 3206



PW 326186 Sunday March 19, 2023 @ 3 P.M. EST

Alcohólicos Anónimos Hispano

MINI-CONFERENCE

ALL AA MEMBERS ARE ENCOURAGED TO ATTEND!

SATURDAY, APRIL 15, 2023 9:00AM-3:30PM 8:30AM ORIENTATION

BE INVOLVED....Your views, opinions, and experience are essential to our Delegate, Kurt W.

BE INFORMED.....Our Area 29 trusted servants will share agenda items to be discussed at the General Service Conference.

BE INSPIRED.... It's up to us to ensure that the AA program is here anytime, anywhere when someone reaches out for help.

HYBRID MEETING

Severna Park United Methodist Church 731Benfield Road, Severna Park, MD 21146

Zoom ID: 335 232 9265 Passcode: mini

BE OF SERVICE

- Come discuss GSC agenda items and make recommendations to the Delegate, Kurt W.
- Bring your sponsor, sponsee or a newcomer



Coffee, snacks and FREE lunch provided!

For more information, contact Terry P. at altdelegate@marylandaa.org



Service is gratitude in action. I always state that a grateful alcoholic is a busy alcoholic! My journey in service began in the Home Group. I became involved in the SMIA when I was newly sober by getting to the meeting early and folding the Lifelines. I then served in several Board positions and chaired SMIA functions several times. Since then, I have moved down the GSO Service structure to become involved in District 35 and Area 29 Maryland General Service. I say, "down the GSO service structure" as we need always to remember that we are the trusted servants of the members of Alcoholics Anonymous - the highest level attained in AA is that of "member"!

There is spiritual growth achieved in AA service. I have learned the value of minority opinions, the importance of our Traditions and Concepts, how to handle criticism gracefully, the importance of being open-minded, and the valuable lesson of practicing humility as I learn that I am just a small part of a bigger whole. One of the most important virtues I am learning to practice is patience. These are just a few of the spiritual benefits! A pivotal lesson I have learned by being involved in Alcoholics Anonymous on a larger geographical scale is to look outside of the "AA world" of my locality. Our Steps, Traditions, and Concepts are all the same, but groups in other areas may have different needs. It's important to me that Alcoholics Anonymous be inclusive reaching out to those marginalized in our society. I take our Responsibility State-

ment seriously -I am responsible...
out for help, I want the hand of
I am responsible. For me, that inthe fellowship as best I can.

SPOTLIGHT ON SERVICE When anyone, anywhere, reaches

A.A. always to be there. And for that:
cludes the responsibility of serving

Jeanine W., St. Charles Step Group

"If any feel that as psychiatrists directing a hospital for alcoholics we appear somewhat sentimental, let them stand with us a while on the firing line, see the tragedies, the despairing wives, the little children; let the solving of these problems become a part of their daily work, and even of their sleeping moments, and the most cynical will not wonder that we have accepted and encouraged this movement. We feel, after years of experience, that we have found nothing which has contributed more to the rehabilitation of these men than the altruistic movement now growing up among them." D. Silkworth

DISTRICT 35 FOURTH STEP WORKSHOP



Writing a 4th Step Inventory as outlined in the Big Book

Saturday April 29th, 2023

LifeStream Church of the Nazarene

5105 Leonardtown Rd, Waldorf, MD 20601

11:30-12:15 Food and Fellowship

12:15-12:30 Opening Remarks (Dan W., D35 DCM)

12:30 Interactive Fourth Step with John W.

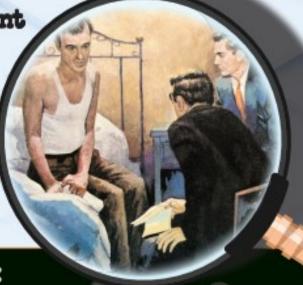
Bring: Your Big Book

12TH ANNUAL SOUTHERN MARYLAND ROUND-UP

May 5-7, 2023

Hollywood Volunteer Fire Department Hollywood, Maryland

SERVICE IS THE SECR





Christina G. Brecksville, OH Jane L. Tallahassee, FL Karl M. Covina, CA Edith P. Omaha, NE Les B. North Port, FL Marty C. Hamilton, ONT Mike F. Aurora, CO Hosea M. Washington, DC



-PRICING-

Early registration fee of \$35 per person includes all Workshops, Speakers, and Fellowship for the three day program. Tickets for Banquet Dinner (\$30) sold separately.

Starting April 1st, the registration fee is \$40 Register online at:

www.southernmarylandroundup.org

Register by mail by May 1st. Make check or money order payable to: Southern Maryland Round-Up

Mail to: P.O. Box 427, Dunkirk, Md 20754 After May 1st, check the website for registration availability.

All registrations FINAL. No refunds - pass it on to a friend of Bill's if unable to attend.

Outstanding Speakers!

AA & Al-Anon Workshops & Meetings!

Sobriety Countdown! Hospitality Corner!

On-site Recovery Store! T-shirts!

AND MORE!

THE SECRET

For conference and lodging information, please visit

www.southernmarylandroundup.org or email: Info@somdroundup.com

12TH ANNUAL SOUTHERN MARYLAND ROUND-UP

Name:	1
Address:	
City:	
State:Zip Code:	
Email:	
Phone:	
Special Needs: Yes	No
Describe:	
Registration:	3
Banquet:	\$
Hospitality Donation:	\$
Lend a hand to those una	ble
to pay the Registration Fe	e: \$

TOTAL: \$

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The SMIA Archives Committee needs your assistance with improving our archives. We have a newly appointed Archives Chair and he is eager to providing a rich and interesting history of AA in Southern Maryland. You can send your group or meeting information directly to him at his e-mail address,

Principle

smia.archives@somdaa.org.

You can also complete the form on the SMIA website

https://somdintergroup.org/archiveentry.html#arcentry

The senility prayer

Grant me the senility to forget the people I never liked anyway, the good fortune to run into the ones I do, and the eyesight to tell the difference.





Being the third month of the year, we're following up our article on the Third Step of AA/NA with an article on the Third Tradition. While Tradition Three may not be entirely connected to the Second Tradition, it does actually correlate to the First Tradition in a few major ways. While Tradition One is all about group unity, Tradition Three helps establish one of the basic principles that keep this unity intact. And if groups are following the Second Tradition as they should, the Third Tradition should never suffer in any group.

The Third Step and Third Tradition do not necessarily line up perfectly with one another, but that is not to say that they do not share their own much looser bond. Those who take Step Three must give up their willpower, following through on Step One and Step Two in admitting their powerlessness and turning to a spiritual remedy for help. The Third Tradition applies to all who have demonstrated the willingness to do this themselves, and as such it might be said that Tradition Three thrives on the completion of the first three steps.

With that said, Tradition Three is like any other of the Twelve Traditions in that there are some who have different interpretations of how it should be enacted within various home groups. This is mentioned in the Third Tradition's corresponding chapter in the 12&12 (the informal name given to the AA book *Twelve Steps* and Twelve Traditions). But we'll get to that a bit later. For now, we should explain just what the Third Tradition states and what it means on a basic level. Once this

is understood, we can discuss various interpretations and how you can utilize Tradition Three in your everyday life.

What Is Tradition Three?

Tradition Three is, as stated in the 12&12: "The only requirement for A.A. membership is a desire to stop drinking."

This simple notion has become such a defining principle of AA that it is even stated in the preamble read before every meeting. It may seem at first as if the Third Tradition has little in the way of a deeper meaning. On the surface, it is little more than a mere description of AA's membership, and it isn't a definition that would take a rocket scientist to figure out. But the 12&12 actually goes a little bit deeper.

"This Tradition is packed with meaning. For A.A. is really saying to every serious drinker, 'You are an A.A. member if you say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you've gone, no matter how grave your emotional complications—even your crimes—we still can't deny you A.A. We don't want to keep you out. We aren't a bit afraid you'll harm us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we've had. So you're an A.A. member the minute you declare yourself."

Many who have been through a 12 step recovery program have seen the Third Tradition in action. We have met people who committed crimes that we ourselves may find abhorrent. But what has often

amazed us is that these men and women did not strike us as malicious individuals. Had they not had the honesty to tell us of their transgressions, we would never have known about them. They were changed people, men and women who had hit rock bottom and decided that they wanted to live a better way. What kind of unfeeling monsters would we have to be to deny them access to our halls?

Interestingly enough, the Third Tradition has not always been in place. According to the 12&12, early AA groups refused to admit homosexuals, inmates (of prisons or asylums), homeless people, prostitutes, and anyone else who they felt might hurt the integrity of the program. This intolerance stemmed largely from fear, and this is one of the major reasons that we must embrace the Third Tradition today. The fellowship is AA's single greatest gift to each and every one of us. We should never fear our brothers and sisters under the banner of recovery.

Multiple Interpretations

Much like the United States Constitution, there are those who take both strict and loose interpretations of the Third Tradition. Some view the "desire to stop drinking" as an indication that only pure alcoholics may join their ranks. There are many groups today that will not tolerate members who have dabbled in other substances, sometimes to the point that they may cast these members out even when alcohol was still their primary drug of choice. You may not run into a lot of these groups, but they exist.

(continued on page 12)

(continued from page 11) The 12&12 describes such an instance. In its second year, AA was presented with an addict who struggled with a highly stigmatized addiction (which is not defined explicitly in the text). Many members at first wished to turn him away, but they also knew that he was in a bad way and would likely die without finding the help he needed. They decided that, since he still had a desire to stop drinking—and to stay sober in general he was worth admitting to their group. He eventually became one of the group's hardest-working members.

For this reason, many now strive toward a looser interpretation of the Third Tradition, to the extent that some with other primary drugs of choice have joined AA simply to partake in the Twelve Steps, the Twelve Traditions, and the general sense of camaraderie that AA provides. While some old-timers would rather see them go to NA, others recognize that NA is not quite as widespread. And why should anyone have the right to risk the death of a fellow sufferer, simply because they chose a different substance of choice?

The 12&12 describes another issue presented by AA early in its youth, an atheist salesman who did not believe in AA's reliance on God. Some were so put off by him that they practically wished for him to relapse.

"He browbeat everybody, and everybody expected that he'd soon get drunk for at the time, you see, A.A. was on the pious side. There must be a heavy penalty, it was thought, for blasphemy. Distressingly enough, Ed proceeded to stay sober."

Ed was nearly kicked out of his group, but he appealed to AA's mission that anyone who wishes to stop drinking should be admitted to the program. He stayed, but people were not so happy about it.

"The group was in anguish so deep that all fraternal charity had vanished. 'When, oh when,' groaned members to one another, 'will that guy get drunk?"

Ed did suffer eventually, but it was short -lived. He returned to his group later, never to take a drink again. And after that, many began to think back on their treatment of him. He helped many people in

sobriety, people he would not have helped if he had been omitted from the program. His service work only came because he found within himself the power, faith, and willingness to return to the fold. There are implications that this was due to a spiritual awakening, but one thing is for sure—ever since it was penned, the Third Tradition is held by many groups to be one of AA's most important guiding principles.

Following the Third Tradition

In order to fully embrace the Third Tradition, you must first make a choice—are you going to be the type of person who only wants to deal with "pure" alcoholics, or will you be open to helping other addicts as well? In the spirit of the old AA groups, it may be wise to take the latter approach. More than that, you must remain open to the fact that you will meet people with diverse and sometimes troubling histories. But given the number of such people who have thrived and become fully functional citizens through the help of AA, you should never consider any of them to be beneath you. Remember the three keys to sobriety are honesty, openmindedness and willingness. Never lose sight of any of them.

Truth be told, it might be worthwhile to consider applying the Third Tradition's underlying principles of social acceptance outside of AA as well. The time in which we are currently living is one in which intolerance is becoming less acceptable by the minute. If you haven't hopped on board the love and acceptance train just yet, it might be time to punch yourself a ticket. You may not be able to accept literally everyone, but try to keep your mind on the present. Accept people on the basis of who they are rather than shun them for what they once were.

We will often find that others are more accepting of us when we are more accepting of others. There is a karmic balance in the Third Tradition, in that we will often benefit from the fellowship of AA to the extent that we are willing to truly become a part of it. When we are intolerant and judgmental, putting our false pride above our sense of benevolence, others in AA will not be leaping for joy at the prospect

of getting to know us. Instead, we are sending a message that we do not understand the meaning of fellowship, and in doing so we risk banishing ourselves to isolation at the end of every meeting when people aiming to expand their support network are looking for members who are a bit more accepting. If we do not practice the Third Tradition in our lives, then we are destined to work our programs alone.

In other words, the secret to embracing the Third Tradition is simply not to be a jerk. Be nice to people, and they will treat you in kind. We are all here for the same reason, so no one should receive subpar treatment unless they have gone out of their way to earn it. And if you are truly attempting to be less judgmental toward others, you will have no trouble telling which people you should be avoiding. Because nine out of ten times, this is one of the many principles that such people will violate. Give them a second chance, but do not hang around them for too long if you fear that they may put your own sobriety at risk. You are here to get rid of your character defects and become a better person in sobriety. Time to start thinking about what that means for your social behavior.

https://www.amethystrecovery.org/embracing-the-thirdtradition/#:~:text=What%20Is%20Tradition%20Three% 3F&text=Tradition%20Three%20is%2C%20as% 20stated,preamble%20read%20before%20every%

So Daffy Duck and **Elmer Fudd break** into a distillery. **Daffy turns to Elmer** and says: "Is this Whiskey?"

Elmer says: "Yeth but not as whiskey as wobbing a bank!!"





Area 29 Maryland Convention



51st Annual Area 29 **Maryland State Convention**

August 4-6, 2023

Hosted by Maryland General Service, Inc. with Al-Anon Participation

Held at the Delta Hotel by Marriott—Hunt Valley 245 Shawan Road, Hunt Valley, MD 21031



CC Spanish & ASL Interpretation will be provided with additional accommodations for the hard of hearing



Friday, August 4th Amalia C.—Farmington, CT (Friday, 1 pm)

Stephanie L.-Eastampton, NJ Barclay R.—Nashville, TN (Friday, 7:30 pm)

Greg T .- South Deerfield, MA

Jimmy A.—Spring Lake Heights, NJ (Saturday, 7:30 pm) Sara V.—Frederick, MD (Sunday, 10 am)

Al-Anon Speaker Katie C.—Frederick, MD (Saturday, 10:30 am)

Open AA and Al-Anon Meetings at intervals each day

Evening Activities Ice Cream Socials (\$5 each night) Live Music and Talent Show

7:00 am Registration Opens 8:15 am Prayer and Meditation 10: 00 am Workshops

11:30 am Lunch on your own 11:30 am Workshops/Delegate Report 1:00 pm AA Speaker Meeting 2: 30 pm Workshops 4:00 pm AA Speaker Meeting

6:00 pm Dinner on your own 7:30 pm AA Speaker Meeting 9: 00 pm Ice Cream Social with Live Music 10:00 pm AA History Presentation: Founding Moments

> Pre-Registration Gift! See Back

Saturday, August 5tl

7:00 am Registration Opens 8:15 am Prayer and Meditation

9: 00 am AA Speaker Meeting 10:30 am Al-Anon Speaker Meeting

12:00 pm Lunch A La Carte 1:00 pm Old Timers Panel 2:30 pm Workshops

4:00 pm Delegate Report 5:30 pm Dinner Banquet 7:00 pm Meet Area 29 Officers and

Sobriety Countdown 7:30 pm AA Speaker Meeting 9: 00 pm Ice Cream Social/Live Music

10:00 pm Recovery Talent Show Sunday, August 6th

9:15 am Prayer and Meditation 10:00 am AA Speaker Meeting

回视器数回

Convention Hotel Room Rate: \$124/per night + tax

Hotel reservations must be made by Sunday, July 9, 2023 For hotel reservations, call 844-781-7404

(Code: MGS 2023 State Convention)

For online hotel reservations click on—

Book your group rate for MGS 2023 State Convention

https://www.marriott.com/event-reservations/reservation-link.mi?id = 1666295673654&key = GRP&app = resvlink. The servation is a simple of the servation of th

Registration and Meal Selection

Register online at http://www.marylandaa.org/state-convention Online registration payment by credit card or PayPal is \$38, including a \$2 convenience fee. Registration payment by check is \$36 Make check payable to MGS State Convention. Mailing address for hardcopy/check registration is:

MGS Convention P.O. Box 9879 Towson, MD 21284

Last Name: __ Address: Fmail: Please contact me regarding Service Opportunities at the Convention: ☐ Yes Phone #: _

Pre-Registration Gift—51st MGS Convention Pin—First 600 pre-registrations!

51st Annual Area 29 Maryland State Convention

I require accessibility accommodations at the Convention. Please list: ...



Registration Options # of Registrants Subtotal AA Registrants \$36/person = 5 -Al-Anon Registrants

Saturday Lunch—A La Carte

\$34.00

Rotisserie style chicken served with warm rolls & butter, classic Caesar salad, au gratin scalloped potatoes, seasonal vegetables, New York style cheesecake, premium coffee, tea, and iced tea.

Saturday Banquet—Seating limited to 200—(Must Specify Meal Option 1-4 Below)

Plated meals served with warm rolls & butter, mixed green salad, New York style cheesecake, premium coffee, tea, and iced tea.

Option 1: Chicken piccata with lemon caper sauce,

Yukon gold smashed potatoes, seasonal vegetables. Option 2: White fish Veracruz with capers, olives, peppers sauteed, \$54.00 X Saffron cilantro rice, seasonal vegetables.

Option 3: Roasted pork tenderloin with mushroom marsala demi glaze, \$55.00 X parley fingerling potatoes, seasonal vegetables.

Option 4: Vegetarian lasagna, seasonal vegetables. \$49.00 X Total Amount Due: = \$

Area 29 Maryland



Convention Sin Unidad, el Corazón de AA 51a Reunión Anual Área 29 Convención Estatal de Maryland Del 4-6 de agosto del 2023

A cargo de Maryland General Service, Inc. con la participación de Al-Anon

Celebrada en el Hotel Delta deMarriott—Hunt Valley 245 Shawan Road, Hunt Valley, MD 21031



Se proporcionará interpretación en español y lenguaje americano de señas con adaptaciones adicionales para personas con problemas de audición



Amalia C.—Farmington, CT (Viernes, 1 pm) Stephanie L.—Eastampton, NJ

Barclay R.—Nashville, TN Grea T.—South Deerfield, MA

Jimmy A.—Spring Lake Heights, NJ

Sara V.—Frederick, MD Al-Anon Orador

Katie C.—Frederick, MD (Sábado, 10:30 am)

Aperura de reuniones AA y Al-Anon a intervalos cada día

Actividades nocturnas encia con helado (\$5 cada noche) Música en vivo y espectáculo de talentos

Viernes 4 de agosto 7:00 am Se abre el registro

8:15 am Oración y meditación 10:00 am Talleres

11:30 am Almuerzo por su cuenta 11:30 am Talleres/Informe del delegado

1:00 pm Reunión con orador de AA 2: 30 pm Talleres

4:00 pm Reunión con orador de AA 6:00 pm Cena por su cuenta

7:30 pm Reunión con orador de AA 9: 00 pm Convivencia con helado y música en vivo

10:00 pm Presentación de la historia de AA: Momentos de su fundación ¡Regalo de pre-registro

Limitado a 600

Ver el reverso

7:00 am Se abre el registro 8:15 am Oración y meditación

9: 00 am Reunión con orador AA 10:30 am Reunión con orador Al-Anon

12:00 pm Almuerzo a la carta

1:00 pm Panel de veteranos 2:30 pm Talleres

4:00 pm Reporte del delegado 5:30 pm Cena Banquete

7:00 pm Conozca a los oficiales de Área 29 y de Sobriety Countdown 7:30 pm Reunión con orador de AA

9: 00 pm Convivencia con helado y música en vivo 10:00 pm Espectáculo de talento en recuperación

Domingo 6 de agosto

9:15 am Oración y meditación 10:00 am Reunión con orador de AA

Tarifa del Hotel por cuarto para la convención: \$124/por noche + impuestos

Tarifa del Hotel por cuarto para la convención. 42 4 por cuarto para la Convención del Con

Reserve al: 844-781-7404

(Código: MGS2023 Convención estatal)

Para reservar en línea ingrese a:

Book your group rate for MGS 2023 State Convention

https://www.marriott.com/event-reservations/reservation-link.mi?id=1666295673654&key=GRP&app=resvlink

¡Regalo de pre registro—Broche conmemorativo 51st MGS —Primeros 600 pre-registros! 51a Convención Estatal Anual en Maryland de Área 29

Registro y selección de comidas

Registro en línea: http://www.marylandaa.org/state-convention Pago de registro en línea con tarjeta de crédito o PayPal es de \$38, incluye \$2 como tarifa de conveniencia.

Pago de registro con cheque es de \$36 Girar el cheque a nombre de MGS State Convention. La dirección para el registro de cheques/copia impresa es

MGS Convention Apartado Postal 9879

Towson, MD 21284				
Nombre:	Apellido:			
Dirección:	Correo Electrónico:			
Ciudad:	Estado: Código postal:			
Comuníquese con nosotros respecto a oportunidades de :	servicio en la Convención: 🗆 Sí Teléfono #:			
Requiero adaptaciones de accesibilidad en la convenci	ón. Enumérelas:			



Participantes de AA = \$ -\$36/persona Participantes de Al-Anon \$36/persona

Almuerzo sábado—A la carta \$34.00 Χ_ = \$ _ Pollo asado servido con panecillos calientes y mantequilla, ensalada clásica César, papas gratinadas,

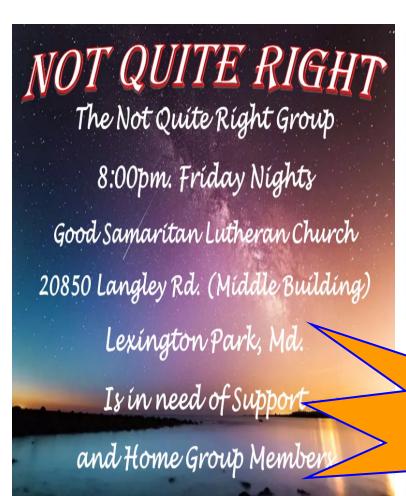
vegetales de la temporada, pastel de queso estilo New York, café premium, té y té helado. Banquete sábado—Asientos limitados a 200—(Debe especificar las opciones de comida 1-4 a continuación) Platos servidos con panecillos tibios y mantequilla, ensalada verde mixta, pastel de queso al estilo Nueva York, café premium, té, té helado.

\$51.00 X Opción1: Pollo piccata con salsa de alcaparras al limón. puré de patatas Yukon, vegetales de temporada. Opción 2: Pescado blanco Veracruz con alcaparras, aceitunas, chiles, salteados, arroz con azafrán y cilantro, vegetales de temporada Opción 3: Lomo de cerdo asado con demi glaseado de hongos marsala, \$55.00 X

Bastones de papas con perejil, vegetales de temporada. Opción 4: Lasaña vegetariana, vegetales de la temporada \$49.00 X

www.somdintergroup.org

= \$



CLEAN AIR GROUP

Is in need of support
And home group members
Come on out and check us out
Friday nights 6:30pm.
St. Andrews Episcopal Church
44078 St. Andrews Church Rd.

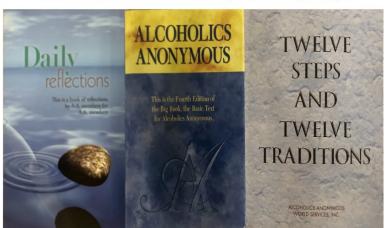
SUPPORT YOUR LOCAL GROUPS!!!



Lexington Park United Methodist Church

21760 Great Mills Road

12:00 noon
Tuesday, Wednesday, Thursday
Tuesday will be the Daily Reflections
Wednesday will be the Big Book
Thursday will be a Step/Tradition meeting
Come check us out and join our group



tities and and the

THE "WHAT'S THE POINT!" A.A. MEETING

BIG BOOK

AS BILL SEES IT

GRAPEVINE

TWELVE

&

TWELVE



ALL MEETINGS
ARE
LITERATURE
BASED
EACH WEEK IS
DIFFERENT
A.A. APPROVED
LITERATURE

COME OUT AND CHECK US OUT

GOOD SAMARITAN LUTHERAN CHURCH 20850 LANGLEY RD. LEXINGTON PARK THURSDAY EVENINGS 8:00 PM.

WE ARE LOOKING FOR HOME GROUP MEMBERS
WE HAVE SERVICE POSITIONS TO BE FILLED

COME OUT AND FIND OUT
WHAT'S THE POINT! OF LIVING
THIS LIFE OF RECOVERY
AND HOW WE DO THIS
"ONE DAY AT A TIME."

Opening: Bill L. opened with the Sereni- **Gratitude Dinner**: Buddy – correction ty Prayer and Responsibility Statement. Board Members present: Bill L. -Chair, Rebecca B. – Treasurer, Rob A. – Parliamentarian and Tressie F. - Secretary County – Jeanine is new chair. Meetings **Groups & Committees Represent**ed: John Z. – Sunday Morning Sobriety/ Archives, Paul S. - Cove Point, Todd M. -St.

Charles Step, Craig W. – Waldorf, Nathan H. – Waldorf, Scott T. – Grapevine, Buddy F. – Basic Text/ Bookstall, Jamie R. – North Beach, Jeremy B. – Harmony, Norma H. – 12 Steps Home, Roy B. – Solomons, Lorraine J. – Bedouin, Amanda W.

ODDAT, Rob A. – Popular Hill, George W. - Inspiration, Pat. P - Where and When, Melissa - Phone

SMIA Chair Report: Bill L. – nothing new to report

Vice-Chair Report: Katherine L. – not available.

Secretary Report: Read by Tressie F. – January 2023 minutes were accepted as read with corrections.

Treasurer Report: Rebecca B. – 12/25/22 - 1/24/23 report provided. Monthly net assets \$18978.88 with \$1094.83 in

contributions. The Treasurer's Report is available on-line at https:// somdintergroup.org/finance.html

Committee Reports

Archives: John Z. – having issues with scanner. Janine W. will represent Charles and compiled an accurate list of all the meetings. Willie O. has recordings of Bill W. that are being digitized in a studio in Baltimore. Lorraine is working with John B. to help with Calvert . Melissa rep- Website: Bill L. gave report. resents St. Mary's.

Lifeline: Keith not available – Sixty copies of the Lifeline were provided by Rebecca for \$85.00, prepared and distributed.

Phone Report: Melissa – received 15 calls (5 St. Mary's, 4 Calvert, and 6 Charles) for 1 hour 7 minutes total. **Picnic:** No update. Tressie asked if we should continue with the SMIA picnic since 2 of 3 districts have annual picnics. Serenity Breakfast: Buddy – John waiting for updated information from facility.

made to January minutes - sold \$4080 in

Corrections and Treatment: Charles are being held at the RCA Monday through

Friday at 7:30 pm and Saturday at 2:00. Jude House has become more like a prerelease facility. There are no meetings being taken into jail. St. Mary's meetings going into Anchor and Compass. Calvert – Barstow is reopened to

meetings except on Friday. Lorraine picked up Big Books for treatment facilities.

PI/CPC: St. Mary's – racks are full. Calvert – Lorraine has volunteered to be the chair. Per Todd - Brenda W. has received workbooks she ordered. **Bookstall:** Buddy – six orders for

\$335.25 with one order \$285 for District 1 C&T. Collected \$331.65. SMIA sets

funds as part of its annual budget for C&T (corrections and treatment - \$350 per district) and PI/CPC (Public information/cooperating with professional community - \$250 per district).

Where and When: Pat P. - asked about St. Mary's meeting which hasn't met in 3 years (leave in listing as suspended).

Pat asked for QR codes for Meeting Guide App which Bill will create and get to him. Cost estimate is \$1630 for 3000 copies. All changes and updates have been accepted and the membership voted unanimously to proceed with printing.

Total Visitors (initial	2077– Down 28%
visit)	
5 Most Frequently vis-	Home Page – 2047
ited pages	Home rage 2047
Where and When Cal-	
endar- 373	
On-Line Meetings -202	
Where and When	
Search - 190	
Announcements -154	
Referring Sites	Direct
Others	
Search Engines –	
Google, DuckDuckGo,	
Yahoo	

SMIA MEETING MINUTES 2/11/23

The SMIA On-Line Bookstall had 354 new visitors since the January 2023 meeting. 1 new order was submitted and is processing Site Updates and Changes

The SMIA Mobile App was re-designed. The SMIA mobile app is ready but not available for I-phone because Apple wants \$90 a month where Play store is \$30 a year. Meeting Change Information

The Happy Destiny Group in Lusby changed their format to a literature meeting, focusing on Came to Believe. A new group opened at the Great Escape Recovery Lounge in Waldorf; The Saturday Night Beginners Meeting which meets 7:00 PM **Meeting Status**

Currently there are 130 meetings in our service area; 120 meetings are in-person, 7 meetings are hybrid, 6 meetings are on-line

and 4 meetings are reported as suspended. Of those 4, 1 has an on-line presence. Document Posts and Updates Where and When PDF updated -2/9/23Mobile App 2023 4.2 released – 2/2/23 Lifeline posted - 2/2/23 Finance Page updated - 1/25/23 SMIA Minutes posted – 1/16/23

Old Business – None.

New Business - Nominations for election of Chair and Secretary are required and elections will be held in March. Buddy F. was nominated for Chair and accepted. We need nominations for Secretary. Since we have an abundance of operating funds, ideas were discussed to spend some of it. They included scholarships for Founders Day (bus trip \$170); attend Maryland conference, to attend the roundup, \$1000 college scholarship AA members child could apply. Bill would research to make sure we aren't going down a slippery slope. Buddy suggested donating literature to the roundup for Living Sober workshops, etc. (not for resale). Tressie suggested additional donations to church.

For the Good of the Order Craig W., 2 at Waldorf on 2/11, Bruce O., 9 at Waldorf on 2/25, Nathan, 2 at Waldorf on 3/11, and Lorraine J., 43 at Bedouin on 3/19. Meeting adjourned with the Lord's Prayer.



Southern Maryland Intergroup Association Inc. **Treasury Report**

For Your Contributions \$1,157.68

www.somdintergroup.org/donate.php SMIA, PO Box 767, Charlotte Hall, MD 20622 PayPal

Southern Maryland Intergroup Association Inc. Statement of Financial Position Jan 24, 2023 - Feb 24, 2023

Assets	
Primary Business Checking	12,879.93
Prudent Reserve	6,300.34
PayPal	250.56
Petty Cash	137.00
Bookstall Cash on hand	100.00
Total Assets	19,667.83
Expenses	
Bookstall	
Liability Insurance	-
Lifeline Printing	83.92
LogMeIn Communications	25.06
Misc - Gratitude Dinner Exp	
PayPal Fees/Transfers	
PO Box Rental	
Rent	600.00
Webmaster	
Website Maintenance	51.87
Where and When	
Total Expenses	760.85

Southern Maryland Intergroup Association Inc. Yearly Statement of Activity May 1, 2022 - Apr 30, 2023

Revenue	
Contributions	8,667.00
Bookstall	3,466.15
Where & When Contributions	-
Gratitude Dinner	502.00
Serenity Breakfast	1,290.00
Total Revenue	\$ 13,925.15

Expenditures	
Bookstall	2,728.59
Liability Insurance	267.00
Lifeline Printing	528.50
LogMeIn Communications	253.70
Md State Tax	
PayPal Fees	
PO Box Rental	100.00
Rent	1,200.00
Phone Answering Service	
Unitel 1-800 Number	
Webmaster	737.00
Website Maintenance	677.17
Where and When	1,997.04
Total Expenditures	8,489.00
Yearly Net Assets	5,436.15



Monthly Net Assets

18,906.98

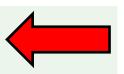
WHERE DO WE SEND OUR CONTRIBUTIONS?

1)All contributions can be made online: www.somdintergroup.org/donate.php

2) Or they can be mailed to the appropriate office location:

PLEASE NOTE THAT GSO AND MARYLAND GENERAL SERVICE OF-FICE ADDRESSES HAVE CHANGED

General Service Office Post Office Box 2407 **James A Farley Station** New York, NY 10116-2407



Maryland General Service Inc. P.O. Box 207

Benson, MD. 21018

Southern Maryland Intergroup (SMIA) P.O. Box 767 **Charlotte Hall, MD 20622**

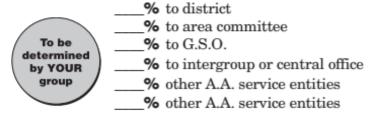
District 1 Trust Fund (Calvert) P.O. Box 234 Barstow, MD 20610

District 35 (Charles) P.O. Box 1981 La Plata, MD 20646

District 36 (St. Mary's) P.O. Box 1334 California, MD 20619

Samples of Group Contributions to A.A. Service Entities*

Distribution Plan of _ (YOUR GROUP NAME) Your Group Service # _ (Be sure to write group name and service # on all contributions.)



10% to district

OR

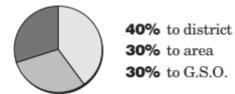
10% to area committee

30% to G.S.O.

50% to intergroup or central office

OR

If you have no intergroup/central office.





ATTENTION GROUP TREASURERS:

*Remember to include the 6-digit GSO Group Number on all correspondence to Maryland General Service.

DISTRICT 35 - CHARLES CO.

ereford.

Please come out and join us at our next District Meeting the first Thursday of the month @ 7pm

Peace Lutheran Church 11610 Rubina Place Waldorf MD 20602

Mailing address: PO Box 1981, La Plata, **MD 20646**

SERVICE KEEPS US GIA SOBER

DISTRICT 36

ST. MARY'S COUNTY

PO Box 1334, California, MD 20619

www.district36mdaa.com

GOOD LUCK Friendship Health no sest **B** HAPPY NEW YEAR



SERVICE OPPORTUNITIES

Neck

- Accessibility Chair
- Grapevine Rep

District Meeting:

7 PM, 3rd Monday

St. Paul's Episc. Church

Prince Frederick, MD **District 1 Trust Fund**

PO Box 234

Barstow, MD 20610 www.calvertaa.org





DISTRICT NOTES

Please send any up-dates for the Where & When to:

smia.whereandwhen@ somdaa.org.

Current meeting guides are available at the monthly SMIA meeting on a limited basis.

The next SMIA Meeting will be held on

10:00 AM Saturday, April 8

Join us in person @

Immaculate Conception Church,

28297 Old Village Road, Mechanicsville, MD 20659

Or via Zoom @

https://zoom.us/j/99982597908? pwd=QzVLcUZrVHdacFIrYUNZN21tdkluQT09 "Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy."

THE DEADLINE FOR ALL LIFE-LINE SUBMISSIONS IS THE 27th OF EACH MONTH.



The spiritual substance of anonymity is sacrifice. Because A.A's Twelve Traditions repeatedly ask us to give up personal desires for the common good, we realize that the sacrificial spirit - well symbolized by anonymity - is the foundation of them all. It is A.A.'s proved willingness to make these sacrifices that gives people their high confidence in our future. https://www.alcoholicsanonymous.ie/

"There is, however, a vast amount of fun about it all. I suppose some would be shocked at our seeming worldliness and levity."

RECOVERY COACH BARNEY FIFE

LETS GO OVER OUR RELAPSE PREVENTION PLAN...

ARE YOU KEEPING SECRETS? NIP THAT IN THE BUD.

ARE YOU ISOLATING? NIP IT IN THE BUD.

ARE YOU SKIPPING MEETINGS?
NIP IT!
NIP IT IN THE BUD.

"Our leaders are but trusted servants, they do not govern."



It must never be forgotten that the purpose of Alcoholics Anonymous is to sober up alcoholics. There is no religious or spiritual requirement for membership. No demands are made on anyone. An experience is offered which members may accept or reject. That is up to them.

— Ви W. —

AZQUOTES

Our primary purpose is to help the still suffering alcoholic. SMIA is committed to this principle and provides a 24x7 Telephone Service. We need phone volunteers! Go to our website, www.somdintergroup.org. Click on the Phone List link, complete the online form - this is a secure method to add your name to the 12-Step Call List. This protected information is only shared with the Phone Committee Chair. You will be amazed before you're half way through.

RECOVERY.

You must be present to win.

shutterstr.ck

SMIA SERVICE TEAM:

Chair: Bill L.

Vice Chair: Katherine L.

Secretary: Tressie F.

Treasurer: Rebecca B.

Parliamentarian: Rob A.

Where & When: Pat P.

Lifeline: Keith H.

Telephone: Melissa W.

Website: Bill L.

Bookstall: Buddy F.

Archives: John Z.

The Lifeline is an unofficial newsletter published by Southern Maryland Intergroup Association, Inc. Any opinions expressed are those of the writers. They are not endorsed by SMIA, any group or AA as a whole. Group secretaries and individuals are encouraged to send group news, anniversaries and events. Material may be edited for space and content. Please send all Lifeline correspondence to: somdlife-line@gmail.com